Elite Care Chiropractic 317 N. El Camino Real, Suite 109 •Encinitas, California 92024 Phone: (760) 634-3701 • Fax: (760) 944-7151

Consent to Treat

The information I have given this office is complete and true to the best of my knowledge. I authorize the doctors and staff of Elite Care Chiropractic Center to administer such procedures and treatment as they deem necessary. The doctors have implied no guarantees of cure.

Consent to treat a Minor Child

In information I have given this office pertaining to _______ (child's name) is complete and true to the best of my knowledge. I authorize the doctors and staff of Elite Care Chiropractic Center to administer such procedures and treatments as they deem necessary to my son, daughter or ward in my legal custody. The doctors have implied no guarantees of cure.

| Patient/Guardian's Signature: | _ Date:/// |
|-------------------------------|------------|
|-------------------------------|------------|

| Relationship to Minor Child: | |
|------------------------------|--|
| | |

Witnessed by: _____

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INFORMED CONSENT (EXAMINATION/EVALUATION OF ALL PATIENTS)

By signing this form, you are consenting to an examination by either Dr. Robert Rich or Dr. Linda Jannelli. Drs. Rich and Janelli employ standard chiropractic examination and treatment methods including the following:

- 1. Observation: General assessment/appraisal in all positions.
- 2. Inspection: Viewing/looking at your body parts. Visualization includes general body viewing in a standing position, front, back and side. All symptomatic (painful) body parts may be viewed.
- 3. Palpation: This means the doctor will touch you. The doctor will feel for tenderness, heat, swelling, nodularity, laxity of tissues, integrity and abnormality.
- 4. Percussion: Using rubber hammer and tapping on bones or tendons.
- 5. Orthopedic/neurological testing: These are standard tests to access your neuromusculo-skeletal systems.
- 6. Chiropractic adjustments are the moving of the bone with the doctor's hand or with the use of a machine. Frequently adjustments create a "pop" or "click" sound/sensation in the area being treated.
- 7. Use of physical therapy modalities such as: Electrical Muscle Stimulation, Ultrasound and heat and ice therapy.
- NOTE: You do not have to submit to any examination or treatment procedures. We ask you to comply to the best of your ability and report changes in your pain. All procedures are accomplished to your tolerance. Chiropractic is a system of health care delivered and therefore, as with any health care delivery system we cannot promise a cure for any symptom, disease or condition as a result of treatment in this clinic. We will always give you our best care. If results are not acceptable, we will refer you to another provider who we feel will assist your situation. If you have any questions on the above, please ask your doctor.

I ______ understand the above statement and agree to submit to the above procedures and accept the risks and consequence of their application.

PATIENT HISTORY FORM

Please fill out the following form with as much detail as possible.

| First Name: Last Name: |
|---|
| REASON FOR YOUR VISIT: |
| Cause of complaint: Auto Accident Work Injury Athletic Injury Other Injury: |
| Are you or do you think you may be pregnant? Yes No |
| Have you seen a chiropractor before? YesNo When? Doctor's Name |
| Describe your major complaint: |
| What movements, positions, or activities aggravate this condition? Standing Walking Sitting Lying down Bending Lifting Twisting Coughing |
| Are the symptoms: Improving Getting worse About the same Intermittent |
| Have you been treated for this condition before? Yes No If yes, when? What was done? |
| Date when the symptoms first appeared:Circle most appropriate:What is your pain Right Now?0 = NO PAIN - 10 = UNBEARABLE PAIN0 1 2 3 4 5 6 7 8 9 10 |
| PATIENT HEALTH HISTORY |
| Family History (Please check as many as apply) |
| Mother: Cancer Heart Disease High Blood Pressure Diabetes Respiratory Problems Kidney Stroke Arthritis Good Health If deceased - Age of Death |
| Father: Cancer Heart Disease High Blood Pressure Diabetes Respiratory Problems Kidney Stroke Arthritis Good Health If deceased - Age of Death |
| Siblings: Cancer Heart Disease High Blood Pressure Diabetes Respiratory Problems Kidney Stroke Arthritis Good Health If deceased - Age of Death |

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PATIENT HISTORY FORM Page 2

| | SOCIAL HISTORY | |
|--|-------------------------|--|
| Do you exercise: Daily Regul | arly Occasionally Never | |
| Do you eat a balanced diet? Yes | No | |
| How many hours do you sleep? | | |
| Do you smoke? No Yes Ho | w many packs a day | |
| Do you drink alcohol No Yes How often | | |
| | | |
| | MEDICAL HISTORY | |
| Personal History: Illness or Conditions | | |
| Surgeries | | |
| Fractures | Previous Injuries | |
| Medications | Supplements | |
| Last Medical Exam (dd/mm/yy) | | |
| | | |

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PATIENT HISTORY FORM Page 3

SYMPTOMS

Have you had or do you have any of the following symptoms: (check all that apply)

| Headaches | Frequent Loss of Balance | |
|---------------------|------------------------------|--|
| Neck Pain | Fainting | |
| Stiff Neck | Loss of Smell | |
| Sleeping | Loss of Taste | |
| Back Pain | Pain with Bowel Movement | |
| Nervousness | Diarrhea | |
| Tension | Cold Feet | |
| Irritability | Cold Hands | |
| Chest Pains | Arthritis | |
| Dizziness | Muscle Spasms | |
| Shoulder/Neck Pain | Frequent Colds | |
| Pins & Needles Arms | Stomach Upset | |
| Pins & Needles Legs | Constipation | |
| Numbness in Toes | Cold Sweats | |
| Sinus Problems | Numbness in Fingers | |
| Diabetes | High Blood Pressure | |
| Buzzing in Ears | Difficulty Urinating | |
| Leg Cramps | Allergies | |
| Colitis | Weakness in Arms | |
| Gall Bladder | Weakness in Legs | |
| Indigestion | Shortness of Breath | |
| Belching | Fatique | |
| Vomiting | Depression | |
| Shoulder Pain | Does Light Bother Eyes | |
| Swelling Joints | Loss of Memory | |
| Knee Pain | Ears Ring | |
| Hay fever | Face Flushed | |

Use this space for any additional information you may wish to discuss: ______

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PATIENT INFORMATION

| First Name: | M.I Last Name | e: |
|--|----------------------|--|
| Sex: M F | Date of Birth: | |
| Marital Status: S M W | Spouse's Name: | |
| E-mail: | Home Phone: (|) |
| Address: | | |
| City: | State: | Zip: |
| Employer: | | |
| City: | Work or Alternate Ph | none: () |
| Job Title or work responsibilities: | | |
| Referred by: | | |
| Cause of complaint: Auto Accident _ | Work Injury A | Athletic Injury Other Injury: |
| Are you or do you think you may be pr | regnant? Yes No _ | |
| Method of Payment: | | |
| Cash: Medical Insurance: (We take cash , checks or Visa/Masterc | | Worker's Comp: |
| Auto Insurance: | | Med Pay: Lien: |
| Person Responsible for Account: | | Relation to you: |
| IN CASE OF EMERGENCY, CONTACT: | | |
| Name: | Phone: () | |
| | | |
| | | arrangement between an insurance carrier and r |

I authorize payment from my insurance carrier directly to this office with the understanding that all monies be credited to my account upon receipt. I clearly understand and agree that all services rendered me are charged directly to me and that I am personally responsible for payment. I understand that if I suspend or terminate my care and treatment, all fees for professional services rendered me will be immediately due and payable. In the event of my default, I promise to pay legal interest on the indebtedness together with such collection cost and reasonable attorney fees as may be required to effect collection.

Signed: _____ Date: _____

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YOUR RIGHTS

Following is a statement of your rights with respect to your protected health information.

You have the right to inspect and copy your protected health information. Under federal law, however, you may not inspect or copy the following records: psychotherapy notes: information compiled in reasonable anticipation of, or use in, a civil, criminal, or administrative action proceeding, and protected health information that is subject to law that prohibits access to protected health information.

You have the right to request a restriction of your protected health information. This means you may ask us not to use or disclose any part of your protected health information for the purposes of treatment, payment or healthcare operations. You may also request that any part of your protected health information not be disclosed to family members or friends who may be involved in your care or for notification purposes as described in this notice of Privacy Practices. Your request must state the specific restriction requested and to whom you want the restriction to apply.

Your Physician is not required to agree to a restriction that you request. If physician believes it is in your best interest to permit use and disclosure of your protected health information, your protected health information will not be restricted. You then have the right to use another Healthcare professional.

You have the right to request to receive confidential communications from us by alternative means or at an alternative location. You have the right to obtain a paper copy of this notice from us, upon request, even if you have agreed to accept this notice alternatively i.e. electronically.

You may have the right to have your physician amend your protected health information. If we deny your request for amendment, you have the right to file a statement of disagreement with us and we may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal.

You have the right to receive an accounting of certain disclosures we have made, if any, of your protected health information.

We reserve the right to change the terms of this notice and will inform you by mail of any changes. You then have the right to object or withdraw as provided in this notice.

Complaints

You may complain to us or to the secretary of health and Human Services if you believe your privacy rights have been violated by us. You may file a complaint with us by notifying our privacy contact of your complaint. We will not retaliate against you for filing a complaint.

This notice was published and becomes effective on/or before April 14, 2003.

We are required by law to maintain the privacy of, and provide individuals with, this notice of our legal duties and privacy practices with respect to protected health information. If you have any objections to this form, please ask to speak with our HIPAA Compliance Officer in person or by phone at our Main Phone Number.

Signature below is only acknowledgement that you have received this Notice of our Privacy Practices:

Print Name:_____ Date: _____ Date: _____